

## WHAT IS THE STUDENT ASSISTANCE PROGRAM?

The Student Assistance Program is designed to **identify, intervene, and refer** students who demonstrate behaviors which may interfere with receiving a well-balanced education. These behaviors might be related to alcohol or drug use or might stem from underlying mental health issues. Student Assistance is a method of referring at-risk students to appropriate community services. It is an intervention program, not a treatment program.

## WHO COORDINATES THE PROGRAM?

The Student Assistance Team is comprised of teachers, counselors, the school nurses, and administrators. The members of the team have been specially trained to recognize and work with students who exhibit behaviors which may inhibit educational growth.

## WHEN IS A REFERRAL MADE TO THE STUDENT ASSISTANCE PROGRAM?

Referrals are made when specific behavioral signs or learning problems are recognized but not corrected through conventional methods.

## HOW IS A STUDENT REFERRED TO THE TEAM?

Referrals to the Student Assistance Team, which are confidential, may be made by the school staff, a parent or guardian, peers, or by the student himself.

A referral is made by contacting the student's guidance counselor, administrator, or any member of the team. You can also download a referral form from the Central Dauphin High School web site on the Student Assistance link.

## WHAT PROCESS IS FOLLOWED AFTER A REFERRAL IS MADE?

After evaluating the referral, when necessary, a team member collects pertinent data, contacts the parent or guardian, and interviews the student. Based on the information gathered from this process, the team may suggest that the student be assessed, at no cost, by a Drug and Alcohol counselor or by a Mental Health counselor. The team continues to monitor the student, provide support for the student and evaluate the recommendations that are made.

## WHAT IS THE STUDENT ASSISTANCE PROGRAM'S POLICY ON CONFIDENTIALITY?

Student Assistance Program records are confidential. They are not filed with school records.

## SIGNS THAT INDICATE AN ADOLESCENT MAY BE HAVING PROBLEMS

### Academically

- drop in grades
- failure to complete assignments
- decrease in class participation
- short attention span

### School Attendance

- increase in absenteeism
- constantly late for class
- frequent visits to school nurse

### Physical Symptoms

- deteriorating personal appearance
- sleeping in class
- smell of alcohol or marijuana
- bloodshot eyes
- frequent complaints of nausea
- slurred speech
- drug-related clothing, messages

### Disruptive Behavior

- defiance of rules
- extreme emotional highs and lows
- blaming, denying
- verbal abuse

### Atypical Behavior

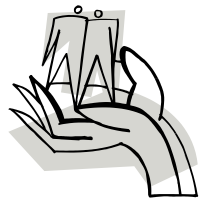
- change in friends
- erratic behavior
- isolating himself
- significantly older/younger social group
- disoriented

### Illicit Activities

- vandalism
- involvement in theft
- carrying a weapon

### Extra Curricular Activities

- loss of eligibility
- dropped out of activity



## COMMITMENT

Central Dauphin School District made its decision to participate in the Student Assistance Program to enhance its commitment to provide an environment conducive to educational success for all students.

The Student Assistance Program of the Central Dauphin School District is committed to helping students concentrate on the processes of learning and interaction without the negative impacts of chemical abuse or emotional issues.

### CENTRAL DAUPHIN HIGH SCHOOL

### STUDENT ASSISTANCE PROGRAM

**(717)703-5360**

**Visit our link on the school web site:**

**[www.cdschools.org](http://www.cdschools.org)**

**Select a School:**

**Central Dauphin High School**

**Go to the CD Student Assistance Link**



### CENTRAL DAUPHIN HIGH SCHOOL (717) 703-5360

**Eric Shrader, Principal**  
**Josh Burkhart, Asst. Principal**  
**Jennifer Crane, Asst. Principal**  
**Kristin Herb, Asst. Principal**  
**Justin Newkam, Asst. Principal**

### *2023-2024*

### *STUDENT ASSISTANCE TEAM*

**Tina Bechtel, Nurse Ext. 72351**  
**Angela Bell, Counselor Ext. 72333**  
**Karen Eisenhauer, Teacher Ext. 72209**  
**Samantha Glancey, Psychologist Ext. 72342**  
**Sarah Gliem, Teacher Ext. 72204**  
**Monica Goodfred, Counselor Ext. 72334**  
**Melissa Harris, Behavior Consultant**  
**Molly McKenna, Social Worker Ext. 72388**  
**Jennifer Morris, Nurse Ext. 72352**  
**Erin Robell, Teacher Ext. 72255**  
**Maria Salinger, Teacher Ext. 72252**  
**Alex Scheib, Teacher Ext. 72167**  
**Venessa Schofield, Teacher Ext. 72212**  
**Jen Shaffer, Teacher Ext. 72206**  
**Nicole Snyder, Counselor Ext. 72336**  
**Keisha Starling, Counselor Ext. 72332**  
**Haleigh Strayer, Counselor Ext. 72335**  
**Sam Tate, Teacher Ext. 72408**

## CENTRAL DAUPHIN HIGH SCHOOL

## STUDENT ASSISTANCE PROGRAM



*Helping kids get help*